

BACK COUNTRY HORSEMEN

New Mexico MONTHLY HOOFPRI NT Pecos Chapter Inc.
P.O. Box 2706 Edgewood, NM 87015 www.bchnm.org

August 2011

President's Corral

Cheryl Nigg
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Our August general membership meeting was held at the Kingsbury residence in Edgewood, with Connie Rossignol, Cowgirl Poet as our guest speaker. As always, Connie provided members with a fun evening of equine antics. It was another great gathering with food, fun and friends.



Our September meeting is scheduled for the Doc Long picnic area located in Sandia Park, along the Crest Road, highway 536. A map is included with this newsletter. Our scheduled guest speaker will be, Laurelle Danton, DVM from Edgewood. She will be presenting on "How to train your dog for the trail." The Chapter will be providing the main dish for the grill, and members are asked to bring a side dish or dessert to share. Hope to see everyone there.

Please check our calendar of coming events included in this newsletter. We continue to have a variety of activities and work projects scheduled. Our Labor Day weekend, at Panchuela in the Pecos, will be a mixture of work, play and R&R with our equines. As we begin to move into the fall season, we will focus our projects and activities closer to the East Mountain area. Also, the Middle Rio Grande Chapter of BCH is looking for help with a work project on the Continental Divide Trail during the weekend of August 26-28, east of Pelona Mountain. If you are interested, contact Rick Babcock, rbabcock@earthlink.net.

Some non-BCH events coming up may be of interest to members. On Wednesday, August 24th, 6:00 p.m., at San Antonito Elementary School on north 14, the East Mountain Interagency Fire Protection Association will be holding an informational meeting on lessons learned from the Wallow and Los Conchas fires. If you are looking for something unique, the Valles Caldera National Preserve is hosting its annual Jemez Mountain Elk Festival on October 1st through the 9th. For more information, go to their website, www.vallescaldera.gov.

Now that the trail closures have been lifted, we can return to riding to our favorite places. Stay safe and enjoy!

Happy trails.

Coming Events for 2011

August 21, Sunday: Manzano Trail Project, trail(s) to be determined. Please call Cheryl (384-2558) or Richard (559-3426) for more information or to sign up.

August 27, Saturday: Free Tour and Trail Ride at 4-Winds Equestrian Center, Chilili. Contact Kit Weidner (603-7360) to sign up or for more information. Please bring a dish to share for a "cold" potluck and bring enough to share with 4-Winds staff!

August 28, Sunday: Coggins Test Clinic at Edmiston's Residence. Contact Sandy at 286-6233 to schedule appointment.

August 26-28, Fri. thru Sun.: State BCHNM Rendezvous at Resumidero Campground, CANCELLED! Paid registrations will be returned or destroyed.

September 2-5, Fri. Thru Mon. (Labor Day Weekend): Pecos Trail Project, camp at Panchuela, trails to be determined. Contact Cheryl (384-2558) or Richard K. (559-3426) to sign-up or for more information.

September 7, Wednesday, General Membership Meeting: The potluck starts at 6:30PM w/meeting at 7:00PM at Doc Long Picnic Ground. Chapter is providing main dish, please bring a side dish, dessert, or drinks.

September 17, Saturday: Pecos BCH "Play Day" at Dick Rahal's, more information contact Kit.

September 24, Saturday: Manzano Trail Project, trail(s) to be determined. Contact Cheryl (384-2558) to sign up or for more information.

October 8, Saturday: Manzano Trail Project, trail(s) to be determined. Contact Cheryl for more information.

October 19, Wednesday: Pecos BOD Meeting at Sandy Edmiston's house, 7:00PM.

October 22, Saturday: NM-BCH BOD Meeting at Kiva RV Park and Horse Motel in Bernardo with Potluck at Noon and Meeting at 1:00PM.

October 22, Saturday: Manzano Trail Project, trails to be determined. Contact Cheryl for more information.

Forest Conditions/Fire Danger as of August 14, 2011

Cibola National Forest: <http://www.fs.fed.us/r3/cibola/>; All Ranger Districts are open. Due to bear encounters, Sulphur Canyon is closed.

Fire Danger:

- Sandia Ranger District: Moderate
- Mountainair District: Moderate
- Mt. Taylor District: Low
- Magdalena District: Moderate

Santa Fe National Forest: <http://www.fs.fed.us/r3/sfe/>

All fire restrictions have been removed for most Ranger Districts. Exceptions are Jemez RD and portions of Cuba RD with Stage I fire restrictions in place.

Fire Danger:

- **EXTREME**

Go to <http://www.inciweb.org/state/32/> or <http://nmfireinfo.wordpress.com/> for fire information all across New Mexico.

ACROSS THE PASTURES

Pack Support for Hiking Society Volunteers up Holy Ghost Canyon a Success!

Possibly the second shortest Pecos BCH trail ride took place on Sunday, 7 August. Pecos BCH members packed in food and gear for the American Hiking Society. Holy Ghost Canyon was closed to the public and normally restricted to equine users, so the only traffic encountered on the single lane road was local cabin owners. Outriders Chuck Eggers, Kathy McManus, and Nancy Searles assisted packers Cheryl Nigg and Richard Kingsbury. Six volunteers along with our favorite Forest Service trails coordinator, Jennifer Sublett met BCH members at trail head and pack their gear on five pack animals. A quick trip two miles up the canyon and gear was dropped off at the volunteers' camp. Upon arrival the local residents, a large covey of quail, greeted everyone. Quail, really? Wonders never cease.



Richard and Chuck tying a load unto Big John at Holy Ghost Canyon trailhead.

The shortest trip and trail ride was the following Friday, 12 August. Linda Yancey joined Chuck and Nancy as outriders, while Cheryl and Amber Kingsbury were the packers. After zooming up the trail, everyone helped get the much-reduced pile of gear into panniers and unto pack animals. After a short lunch we zoomed back down the trail, unloaded gear, unsaddled, loaded up, and went home. Whew, I thought I was in some kind of time warp it went so fast!

Story by Amber Kingsbury. Photo by Cheryl Nigg.

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### The Value of Lessons

By: Linda Sofia

These story starts about five years ago when we moved out to the country and had enough property to get horses – *my* life-long dream...maybe not my partner's BUT she agreed to "go along for the ride!".... Oh! Get it? ... Along for the ride? And, ride we did! And fall off I did...too many times to count! I guess I had a steep learning curve and not much balance. Friends suggested I take horseback riding lessons and I DID try for a brief time. Nothing made sense to me – "turn on the forehand, move his haunches, side pass, keep his feet moving" – who needed to know all that stuff? You don't use it on the trails anyway! I just wanted to ride! I had no patience for lessons, groundwork, or arena riding... I had trails to explore, places to go and people to ride with!

So, I rode and I got better, spending more and more time in the saddle – what a concept! I was on the ground now and again but I was persistent! I was going to learn to ride! One friend in particular showed me the trails – the mountain trails! She mentored me and stuck with me even though I was a novice and she'd been riding all her life. I improved a great deal during those two or three years. I simply followed along behind her and her trail-worthy equine and occasionally I took the lead. I joined BCH on her recommendation and rode with more wonderful folks who were there to watch out for me. About a year ago, the filly I bought when she was two months old turned three years old. It was another life-long dream coming true - raising a foal and eventually being able to ride her. She was growing up and it was time to be trained for riding. So, I sent her out to a wonderful trainer who kept her for 60 days. She was ready for me to ride! And ride we did! And we did well, very well. I longed to know more about riding her – really making her my horse....I wanted to "turn on the forehand, move her haunches, side pass, keep her feet moving". I wanted the bond I saw that my trainer had with the horses with which she worked. So, I am taking the lessons I so resisted four years earlier. And I am ready now to learn much more of what I need to ride – to really ride. And I DO use those things on the trail and I am a much safer rider and a much better rider! I still land on the ground now and then, but I am persistent and I am learning to be the horsewoman I have always wanted to be!

# TRIVIA



Last Month's Question: What is another name for the Przewalski's Horse?

Answer: Dzungarian Horse, Asian Wild Horse, or Mongolian Wild Horse.

Information gathered from Wikipedia and its sources, go to:

[http://en.wikipedia.org/wiki/Przewalski%27s\\_Horse](http://en.wikipedia.org/wiki/Przewalski%27s_Horse) for the whole article.

This month's question: What is extraordinary about the rider in this picture?



The answer will appear in next month's Hoofprint. First winning guess receives a prize at next meeting.

## DUTCH OVEN & CAMP COOKING WITH AMBER

Each month I'm going to include a recipe from my collection that's been garnered over the last 20+ years. Each recipe can be cooked over a campfire, camp stove, or at home. Enjoy!

### Quick Pan Roasted Salmon with Sautéed Spinach, Bacon, & Onions

#### Spinach Mixture Ingredients:

6 Slices of Smoked Bacon cut into 1" pieces  
½ Medium White Onion, diced  
4 C Fresh Spinach  
Salt and Pepper To Taste

Heat a cast iron skillet or non-stick sauté pan over medium high heat. Add bacon pieces to the pan and cook until crisp. Add onions and cook until tender but not browned. Drain the bacon fat if desired (can reserve for salmon). Add the spinach to pan, cover and sweat until tender. Salt and pepper to taste. Remove from heat and set aside.

#### Roasted Salmon Ingredients:

4 6-oz. Salmon Fillets  
¼ C Olive Oil  
Salt and Pepper To Taste

Heat a cast iron skillet or nonstick pan to medium high heat. Use reserved bacon fat or olive oil. Add salmon fillets to the pan. Salt and Pepper each side. Cook for 3-5 minutes per side until cooked to preferred doneness. Allow two minutes to rest in cooling pan before serving.

#### To Serve

Place a ¼ of the spinach mixture onto a plate. Top with a piece of salmon and garnish with lemon wedges.

Serves 4

## CLASSIFIEDS

### FOR SALE –



**Sundowner 3-Horse Slant Load Gooseneck Trailer** – 1999 model, used 3 times with less than 300 miles. Located in the Albuquerque north valley area. Estate sale. Will consider offers near \$11,000. Contact Kristi or Ken at 505-286-1216.



**MULE:** 9-year-old gray molly (mare) mule, 13.5 hands, great pack mule, used in mountains, rough terrain. Can be led in a pack string or alone. Good with feet, trailer loading, and leading. Has been ridden in the past. \$900.00. Please call Richard (559-3426) or Amber (269-7773).

If you have items to sell that would be of interest to BCH members, send a photo and details to Amber at [amazonaalk@earthlink.net](mailto:amazonaalk@earthlink.net) by the 30<sup>th</sup> of the month and we'll get them in the next Hoofprint!

### Wanted....

Know anyone who wants to do some work on the trail? Invite them to join our chapter! Hard workers are always welcome! Welcome to our newest members!

If you have pictures that you would like to share that did not make the Hoofprint, please send them to Paul Noble, [screechowl@earthlink.net](mailto:screechowl@earthlink.net) and he will forward them to the State website!

### Become a columnist!

Have it published in the Monthly Hoofprint: Articles with pictures (please provide captions!), stories of interest to BCH members, trivia, funnies, camping recipes, etc. Send to Amber, again at [amazonaalk@earthlink.net](mailto:amazonaalk@earthlink.net).

A business card for 'Equine Spectacular Horse &amp; Pet Services'. The card features a close-up photo of a brown horse's head on the right side. The text on the left side reads: 'Equine Spectacular', 'Horse &amp; Pet Services', 'Megan K. Scott', 'Owner', '16 Locust Hill Road', 'Tijeras, NM 87059', '505-286-6442(home)', '505-227-3232(cell)', and 'mid9guy@earthlink.net'.

Megan from Town & Country Feed is specializing in stall and paddock cleaning!

### **What's Going On?**

Lisa Kazmar is now offering 1<sup>st</sup> Aid classes.

**LISA C. KAZMAR**  
*Certified CPR/First Aid*  
**INSTRUCTOR - NM161**  
**Phone: 505-917-3631**  
**Email: [lskazmar@yahoo.com](mailto:lskazmar@yahoo.com)**  
**Member of BCHA since 2009**



## Support BCHA with Donations from your online shopping

If you are going shopping online for your horses or pets, go to the [BCHA website](#) and click on the links to:

- Horse.com (Country Supply)
- State Line Tack
- Dog.com
- Amazon.com outdoor gear and apparel

BCHA gets a commission on your purchases and no code or other input is required.

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Hats off and a big “Thank You!” to our friends at Town and Country Feed and Horse Rentals for their support over the years!

### BCH Pecos Chapter Officers for 2011

|                        |                          |                 |
|------------------------|--------------------------|-----------------|
| <b>President:</b>      | <b>Cheryl Nigg</b>       | <b>384-2558</b> |
| <b>Vice President:</b> | <b>Richard Kingsbury</b> | <b>559-3426</b> |
| <b>Secretary:</b>      | <b>Linda Sofia</b>       | <b>610-4512</b> |
| <b>Treasurer:</b>      | <b>Kit Weidner</b>       | <b>603-7360</b> |

### Board of Directors

|                       |                 |
|-----------------------|-----------------|
| <b>Sandy Edmiston</b> | <b>286-6233</b> |
| <b>Jeannie Greven</b> | <b>281-8925</b> |
| <b>Peter Harris</b>   | <b>450-7500</b> |
| <b>Lisa Kazmar</b>    | <b>917-3631</b> |
| <b>Patty Wilber</b>   | <b>321-1697</b> |

### State BCHNM Delegates

|                        |                 |
|------------------------|-----------------|
| <b>Mary Ann Ende</b>   | <b>281-3722</b> |
| <b>Amber Kingsbury</b> | <b>269-7773</b> |

Directions to Doc Long Picnic Area  
Sandia Ranger District  
Sandia Park / San Antonio, New Mexico

